






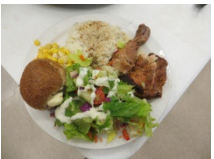




# Community Meal Sample Menus

<p><b>Turkey Dinner</b></p>  <p>turkey stuffing smashed potatoes beans buns pie</p>	<p><b>Sloppy Joes</b></p>  <p>meat and sauce bun salad watermelon</p>
<p><b>Butter Chicken</b></p>  <p>chicken in sauce basmati rice bun salad cookie</p>	<p><b>Crab Salad</b></p>  <p>crab salad greens hard cooked egg cheese toast</p>
<p><b>Meatloaf Dinner</b></p>  <p>meatloaf smashed potatoes corn salad bun</p>	<p><b>Spaghetti and Meatballs</b></p>  <p>spaghetti meatballs and sauce salad bun watermelon</p>
<p><b>Fish Dinner</b></p>  <p>fish in soya sauce rice coleslaw bun</p>	<p><b>Roast Chicken Dinner</b></p>  <p>chicken leg rice corn salad bun</p>
<p><b>Barbecue Dinner</b></p>  <p>hamburger lettuce, tomato, cucumber mushrooms, pickle corn on the cob, chips watermelon</p>	<p><b>Roast Beef Dinner</b></p>  <p>roast beef smashed potatoes &amp; gravy carrots salad &amp; bun pie</p>