

Morning and Evening Prayers

Seasonal Introduction - Ordinary Time

Following Pentecost Sunday, we enter into Ordinary Time. In the Church liturgical year it is the longest season, taking us through until Advent. This season is represented by the colour green, symbolizing hope and growth. We have embraced the high points of the Church calendar, but no less important is this period of time in which we focus on growth, consistency and maturity as we immerse ourselves in the finished work of Christ.

Many times in Scripture, a believer's life is compared with the growth of a tree (Psalm 1, Jeremiah 17) and our "success" or the result of living in Christ is portrayed as fruit (John 15, Galatians 5:22,23). Maturity in Christ cannot be rushed. We prepare the soil of our hearts, but ultimately it is a work of the Spirit that allows fruit to grow in us. This is precisely the heart of the early Church as we see in the book of Acts: "They devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers." (Acts 2:42). Accordingly, this is a season that beckons us to commune with the Body and unite more deeply with the Lord in Eucharist, to celebrate our daily call to follow Christ by immersing ourselves in the Holy Scriptures and to grow in our devotion to prayer. In embracing this stance as believers, by the grace and power of the Holy Spirit upon us, we can endeavor to become extraordinary messengers of the Gospel, as we've been commissioned to be through baptism in Christ.

The season of Ordinary Time is an opportunity for us to unitedly commit to growth and maturation that will, in turn, impact our families, church body, and mission. We hope that this prayer guide will be a helpful tool in your pursuit of healthy habits of prayer and Scripture reading. It is our desire that together, we would "...grow up in every way into Him who is the head, into Christ from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love." (Ephesians 4:15,16)

Day of Pentecost - Whitsunday

Sunday June 4 – Saturday June 10

Morning Prayer *(Adapted from the BCP Collect 1662)*

O God, who at this time did teach the hearts of your faithful people by sending to them the light of your Holy Spirit: grant us by the same Spirit to have a right judgement in all things, and evermore to rejoice in his holy comfort; through the merits of Christ Jesus our Saviour, who lives and reigns with you, in the unity of the same Spirit, one God, world without end. Amen.

Psalm reading and response

Pray through the Psalm in the table below that corresponds to the day of the week, and spend a few moments in conversation with the Scriptures – taking to prayer the things that the Lord is highlighting to you through his word.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.
Your kingdom come, your will be done, on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses
As we forgive those who trespass against us.
Lead us not into temptation, but deliver us from evil.
For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Praising God for the gift of the Holy Spirit
- Welcoming the sanctifying work of the Holy Spirit in your life
- Asking the Holy Spirit to give you a greater revelation of Jesus

Evening Prayer

O God, you did not spare your own Son, but have freely given us all things. Thank you for the good gift of Your Holy Spirit through whom we have comfort, joy and power from on high. We ask that the Spirit of Truth, the Promise of the Father, would transform our lives. Fill the hearts of your faithful and kindle in us the fire of your love so that we would walk in the unity of the Spirit as one body, to proclaim your glory. We give you all the glory and honour, Father, Son and Holy Spirit, now and forever, Amen.

Scripture reading and response

Pray through the verses in the table below that correspond to the day of the week, and spend a few moments reflecting on and responding to the Scriptures in prayer.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.

Your kingdom come, your will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses

As we forgive those who trespass against us.

Lead us not into temptation, but deliver us from evil.

For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Thanking God for his faithfulness; that he did not leave us as orphans
- Praising God for his victory over all evil
- Praying for freedom for the oppressed, healing for the broken, and hope to be restored to the hopeless

Suggested Scripture Readings:

	Morning	Evening
Sunday	Psalm 20-21	Acts 2:1-21
Monday	Psalm 26	Joel 2:18-29
Tuesday	Psalm 31-32	Romans 8:26-27
Wednesday	Psalm 36	Numbers 11:24-30
Thursday	Psalm 39	Job 38:1-11
Friday	Psalm 45-46	2 Timothy 1:8-14
Saturday	Psalm 51-52	Job 38:22-38

First Sunday after Pentecost – Trinity Sunday

Sunday June 11 – Saturday June 17

Morning Prayer *(Adapted from the BCP Collect 1662)*

Almighty and everlasting God, who has given unto us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of the Divine Majesty to worship the Unity: We humbly ask you, that this holy faith may always be our defence against all adversities; who lives and reigns, one God, world without end. Amen.

Psalm reading and response

Pray through the Psalm in the table below that corresponds to the day of the week, and spend a few moments in conversation with the Scriptures – taking to prayer the things that the Lord is highlighting to you through his word.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.

Your kingdom come, your will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses

As we forgive those who trespass against us.

Lead us not into temptation, but deliver us from evil.

For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Praising God for His grace at work in you and your family
- Welcoming the Presence of God into your home
- Asking the Holy Spirit to be with all the faithful Christians around the world that are being persecuted

Evening Prayer

Holy Lord, our Heavenly Father, you who are the giver of all goodness, send your grace to us that we may worship, serve, and obey as we ought. You are a light unto our path, the hope of our hearts, and we ask that you would guide us into all truth, by the power and working of your Holy Spirit. Awaken our faith and let us bear witness to the power of the cross in word and deed, to the glory of your name, Father, Spirit and Son. Amen.

Scripture reading and response

Pray through the verses in the table below that correspond to the day of the week, and spend a few moments reflecting on and responding to the Scriptures in prayer.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.

Your kingdom come, your will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses

As we forgive those who trespass against us.

Lead us not into temptation, but deliver us from evil.

For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Praying for grace to walk in humble awareness of the inheritance of faith passed down to us through the ages
- Repenting for the sins committed throughout the day
- Asking for strength and unity in the Body of Christ across our nation

Suggested Scripture Readings:

	Morning	Evening
Sunday	Psalm 57-58	2 Corinthians 13:11-14
Monday	Psalm 64-65	Job 38:39-39:12
Tuesday	Psalm 69:1-18	1 Corinthians 12:4-13
Wednesday	Psalm 72	Job 39:26-40:5
Thursday	Psalm 77	Exodus 4:18-23
Friday	Psalm 81-82	Acts 7:35-43
Saturday	Psalm 88	Exodus 6:28-7:13

Second Sunday after Pentecost

Sunday June 18 – Saturday June 24

Morning Prayer *(Adapted from the BCP Collect 1662)*

O God, the strength of all that put their trust in you: Mercifully accept our prayers; and because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your grace, that in the keeping of your commandments we may please you both in will and deed; through Jesus Christ our Lord. Amen.

Psalm reading and response

Pray through the Psalm in the table below that corresponds to the day of the week, and spend a few moments in conversation with the Scriptures – taking to prayer the things that the Lord is highlighting to you through his word.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.

Your kingdom come, your will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses

As we forgive those who trespass against us.

Lead us not into temptation, but deliver us from evil.

For yours is the kingdom, the power and the glory, forever and ever,

Amen.

Closing Prayer

Focus on:

- Praising God for the exaltation of Jesus and His glorious plan of redemption and reconciliation
- Thanking God for His unending mercy and kindness
- Asking that God would send labourers for the harvest

Evening Prayer

Merciful God, Lord of Heaven and Earth, We delight in your will and we earnestly desire that we would walk in your ways. Let us abide fully in you, that we would bear much fruit. Fill us with your love, that we would love one another, as you have loved us. Guide us in the ways of peace, that we would be witnesses of your Good News to the world. Keep us and preserve us, that our lives would be as a fragrance of Christ to the lost; wholly pleasing to you. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen.

Scripture reading and response

Pray through the verses in the table below that correspond to the day of the week, and spend a few moments reflecting on and responding to the Scriptures in prayer.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.
Your kingdom come, your will be done, on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses
As we forgive those who trespass against us.
Lead us not into temptation, but deliver us from evil.
For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Thanking God for the many blessings of life in Canada
- Asking for grace to abide in Christ
- Praying for strength in areas where you feel weak

Suggested Scripture Readings:

	Morning	Evening
Sunday	Psalm 91	Matthew 9:35-10:15
Monday	Psalm 97	Joshua 1:1-11
Tuesday	Psalm 103	2 Thessalonians 2:13-3:5
Wednesday	Psalm 105:23-45	Proverbs 4:10-27
Thursday	Psalm 107:17-43	Jeremiah 18:12-17
Friday	Psalm 112	Acts 5:17-26
Saturday	Psalm 117	Jeremiah 20:1-6

Third Sunday after Pentecost

Sunday June 25 – Saturday July 1

Morning Prayer *(Adapted from the BCP Collect 1662)*

O Lord, who never fails to help and govern those who dwell in your steadfast fear and love: Keep us, we humbly ask, under the protection of your good providence, and make us to have a perpetual fear and love of your holy Name; through Jesus Christ our Lord. Amen.

Psalm reading and response

Pray through the Psalm in the table below that corresponds to the day of the week, and spend a few moments in conversation with the Scriptures – taking to prayer the things that the Lord is highlighting to you through his word.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.

Your kingdom come, your will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses

As we forgive those who trespass against us.

Lead us not into temptation, but deliver us from evil.

For yours is the kingdom, the power and the glory, forever and ever,

Amen.

Closing Prayer

Focus on:

- Praising God for His sovereignty
- Asking God for the strength to be obedient to His will for you today
- Blessing the staff and elders of our church

Evening Prayer

Almighty, Everlasting God, we turn our hearts to you in humble repentance. Show us your ways, and cause our hearts to desire only you. Let the radiance of your coming enliven us to walk worthy of the calling which you have called us to; that we would become a glorious Bride, unified and walking in the light, through the power of your Spirit. Fill us with the love of your wisdom, that we may bear fruit in the beauty of holiness, like a tree watered by running streams. In your Holy name, we ask these things. Amen.

Scripture reading and response

Pray through the verses in the table below that correspond to the day of the week, and spend a few moments reflecting on and responding to the Scriptures in prayer.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.

Your kingdom come, your will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses

As we forgive those who trespass against us.

Lead us not into temptation, but deliver us from evil.

For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Praising God for his unending wisdom
- Praying that the Lord would instill in you a heart for unity – for exalting others above yourself
- Waiting in joyful expectation for all of creation to bow to Christ our ruling King

Suggested Scripture Readings:

	Morning	Evening
Sunday	Psalm 119:49-72	Matthew 10:24-39
Monday	Psalm 119:129-144	Micah 7:1-7
Tuesday	Psalm 123-125	Revelation 2:8-11
Wednesday	Psalm 134-135	Jeremiah 38:1-13
Thursday	Psalm 140	Jeremiah 25:1-7
Friday	Psalm 145-146	Galatians 5:2-12
Saturday	Psalm 5-6	Jeremiah 28:1-4

Fourth Sunday after Pentecost

Sunday July 2 – Saturday July 8

Morning Prayer *(Adapted from the BCP Collect 1662)*

O Lord, we humbly ask you mercifully to hear us; and grant that we, to whom you have given a hearty desire to pray, may by your mighty aid be defended and comforted in all dangers and adversities; through Jesus Christ our Lord. Amen.

Psalm reading and response

Pray through the Psalm in the table below that corresponds to the day of the week, and spend a few moments in conversation with the Scriptures – taking to prayer the things that the Lord is highlighting to you through his word.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.

Your kingdom come, your will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses

As we forgive those who trespass against us.

Lead us not into temptation, but deliver us from evil.

For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Praising God for His holiness
- Asking our King to return in glory
- Welcoming the transforming presence of God to continually shape you into the image of Christ

Evening Prayer

Most Holy God, King over all creation, kindle within us the fire of your love; that we would walk with a true faith, a firm hope and a sincere and perfect love. Make us truly humble, as we turn our hearts towards you, in earnest expectation of the working of your Spirit, whom you have poured out upon us with immeasurable grace. That by you, through you, and in you, we have our being. Make us ministers of reconciliation, as we daily receive and delight in your great mercy. To the praise and glory of the Godhead: Father, Spirit, Son. Amen.

Scripture reading and response

Pray through the verses in the table below that correspond to the day of the week, and spend a few moments reflecting on and responding to the Scriptures in prayer.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.

Your kingdom come, your will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses

As we forgive those who trespass against us.

Lead us not into temptation, but deliver us from evil.

For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Thanking God for the gift of prayer, that he's made himself accessible
- Asking God to lead you into righteousness
- Praying that God would fill your heart with love for your neighbour

Suggested Scripture Readings:

	Morning	Evening
Sunday	Psalm 11-12	Matthew 10:40-42
Monday	Psalm 18:1-24	1 Kings 21:1-16
Tuesday	Psalm 22	1 John 4:1-6
Wednesday	Psalm 27	Jeremiah 18:1-11
Thursday	Psalm 33	Zechariah 1:1-6
Friday	Psalm 37:1-22	Romans 7:7-20
Saturday	Psalm 40-41	Zechariah 4:1-14

Fifth Sunday after Pentecost

Sunday July 9 – Saturday July 15

Morning Prayer *(Adapted from the BCP Collect 1662)*

O God, the protector of all that trust in you, without whom nothing is strong, and nothing is holy: Increase and multiply your mercy upon us so that, with you as our ruler and guide, we may pass through all things temporal, without losing hold of the things eternal. Grant this, Heavenly Father, for Jesus Christ's sake our Lord. Amen.

Psalm reading and response

Pray through the Psalm in the table below that corresponds to the day of the week, and spend a few moments in conversation with the Scriptures – taking to prayer the things that the Lord is highlighting to you through his word.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.

Your kingdom come, your will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses

As we forgive those who trespass against us.

Lead us not into temptation, but deliver us from evil.

For yours is the kingdom, the power and the glory, forever and ever,

Amen.

Closing Prayer

Focus on:

- Praising our Risen King for His authority over all things
- Blessing every member of your family
- Asking the Holy Spirit to open the Scriptures to you

Evening Prayer

O Living King, you have granted us new birth and have called us to walk in abundance of life. Fill us with the power of the Spirit to endure all things through faith in Christ, our Risen Lord. Set us firm on the foundation of your love, and send your light and truth to lead us, that we would delight in your ways and unitedly glorify you as one Body, in the name of the Father, Son and Spirit we pray, Amen.

Scripture reading and response

Pray through the verses in the table below that correspond to the day of the week, and spend a few moments reflecting on and responding to the Scriptures in prayer.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.
Your kingdom come, your will be done, on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses
As we forgive those who trespass against us.
Lead us not into temptation, but deliver us from evil.
For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Thanking God for his fatherly protection over you and your family
- Asking that God would speak to you through dreams as you sleep
- Praying for members of your community

Suggested Scripture Readings:

	Morning	Evening
Sunday	Psalm 47-48	Matthew 11:16-30
Monday	Psalm 53-54	Jeremiah 27:1-22
Tuesday	Psalm 59	Romans 3:1-8
Wednesday	Psalm 66	Jeremiah 13:1-11
Thursday	Psalm 69:19-36	Isaiah 48:1-5
Friday	Psalm 73	Romans 15:14-21
Saturday	Psalm 78:1-39	Isaiah 52:1-6

Sixth Sunday after Pentecost

Sunday July 16 – Saturday July 22

Morning Prayer *(Adapted from the BCP Collect 1662)*

Grant, O Lord, we humbly request, that the course of this world may be so peaceably ordered by your governance, that your Church may joyfully serve you in all godly quietness; through Jesus Christ our Lord. Amen.

Psalm reading and response

Pray through the Psalm in the table below that corresponds to the day of the week, and spend a few moments in conversation with the Scriptures – taking to prayer the things that the Lord is highlighting to you through his word.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.

Your kingdom come, your will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses

As we forgive those who trespass against us.

Lead us not into temptation, but deliver us from evil.

For yours is the kingdom, the power and the glory, forever and ever,

Amen.

Closing Prayer

Focus on:

- Praising God for His plan of redemption
- Thanking God for the love that He has poured out on His people, the Church
- Asking for His presence to increase in our church, city, province and nation

Evening Prayer

Most High God, who through the grace of adoption chose us to be children of light, grant that we may ever increase in hope, faith and charity, and that we may be ever watchful in keeping your commands. Show us your favour, that we may enter into our inheritance as sons and daughters, that through the renewal by your Spirit, we might bring forth fruit in patience, that you may in all these things be glorified, Father, Spirit, Son. Amen.

Scripture reading and response

Pray through the verses in the table below that correspond to the day of the week, and spend a few moments reflecting on and responding to the Scriptures in prayer.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.

Your kingdom come, your will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses

As we forgive those who trespass against us.

Lead us not into temptation, but deliver us from evil.

For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Praising God for making himself known to you in tangible ways
- Blessing friends, family, and neighbours
- Asking for grace to obey the commands of God

Suggested Scripture Readings:

	Morning	Evening
Sunday	Psalm 83	Matthew 13:1-23
Monday	Psalm 89:1-18	Leviticus 26:3-20
Tuesday	Psalm 92-93	Ephesians 4:17-5:2
Wednesday	Psalm 98-99	Proverbs 11:23-31
Thursday	Psalm 104:1-13	Isaiah 41:21-29
Friday	Psalm 106:1-23	Hebrews 6:13-20
Saturday	Psalm 108	Isaiah 44:18-20

Seventh Sunday after Pentecost

Sunday July 23 – Saturday July 29

Morning Prayer (Adapted from the BCP Collect 1662)

O God, who has prepared goodness which extends beyond man's understanding for those that love you: Pour into our hearts such love toward you, that we, loving you above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ our Lord. Amen.

Psalm reading and response

Pray through the Psalm in the table below that corresponds to the day of the week, and spend a few moments in conversation with the Scriptures – taking to prayer the things that the Lord is highlighting to you through his word.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.
Your kingdom come, your will be done, on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses
As we forgive those who trespass against us.
Lead us not into temptation, but deliver us from evil.
For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Praising God as the great Healer and Provider
- Blessing the various churches in our nation
- Asking that God would fill you with confidence in Him and boldness to proclaim Him

Evening Prayer

Sovereign Lord, you brought mankind the gift of reconciliation. Inscribe upon our hearts the heavenly, eternal hope of the restoration of all things. That by the power of your Spirit upon us, we would boldly proclaim the truth of the Gospel and see healing, deliverance and wholeness ministered to a broken world. Fill your Church with a lasting joy, enduring faith and abiding love, to the praise and glory of your name. Amen.

Scripture reading and response

Pray through the verses in the table below that correspond to the day of the week, and spend a few moments reflecting on and responding to the Scriptures in prayer.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.

Your kingdom come, your will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses

As we forgive those who trespass against us.

Lead us not into temptation, but deliver us from evil.

For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Thanking God for the sure hope of the resurrection
- Praying for faith to believe more fully in the promises of God
- Repenting for ways in which you have wronged others

Suggested Scripture Readings:

	Morning	Evening
Sunday	Psalm 113-114	Matthew 13:24-30; 36-43
Monday	Psalm 118	Nahum 1:1-13
Tuesday	Psalm 119:73-88	Galatians 4:21-5:1
Wednesday	Psalm 119:145-160	Daniel 12:1-13
Thursday	Psalm 126-128	1 Kings 1:28-37
Friday	Psalm 136	Acts 7:44-53
Saturday	Psalm 141-142	1 Kings 2:1-4

Eighth Sunday after Pentecost

Sunday July 30 – Saturday August 5

Morning Prayer *(Adapted from the BCP Collect 1662)*

Lord of all power and might, who is the author and giver of all good things: Graft in our hearts the love of your Name, increase in us true religion, nourish us with all goodness, and of your great mercy keep us in the same; through Jesus Christ our Lord. Amen.

Psalm reading and response

Pray through the Psalm in the table below that corresponds to the day of the week, and spend a few moments in conversation with the Scriptures – taking to prayer the things that the Lord is highlighting to you through his word.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.

Your kingdom come, your will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses

As we forgive those who trespass against us.

Lead us not into temptation, but deliver us from evil.

For yours is the kingdom, the power and the glory, forever and ever,

Amen.

Closing Prayer

Focus on:

- Praising Christ as the full revelation of God
- Thanking God for His unending mercy and kindness
- Praying that the Lord's grace would be upon every pastor and member of clergy in our city

Evening Prayer

Living God, Saviour of all mankind, you are the fullness of life, of holiness, and of joy. Pursue us, O Lord, we humbly ask, with heavenly gifts so that we might walk in freedom. Make us strong in the grace that is in Christ Jesus, that we would daily grow in His likeness, serve with humility, and ceaselessly proclaim your praise. All honour and glory is yours, Almighty Father, now and forever. Amen.

Scripture reading and response

Pray through the verses in the table below that correspond to the day of the week, and spend a few moments reflecting on and responding to the Scriptures in prayer.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.
Your kingdom come, your will be done, on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses
As we forgive those who trespass against us.
Lead us not into temptation, but deliver us from evil.
For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Praising God for the gift of the Holy Spirit
- Asking for opportunities to care for the poor and the broken
- Blessing current and former leaders in all areas of life

Suggested Scripture Readings:

	Morning	Evening
Sunday	Psalm 147-148	Matthew 13:44-52
Monday	Jonah 2:2-9	1 Kings 3:16-28
Tuesday	Psalm 7-8	Ephesians 6:10-20
Wednesday	Psalm 13-14	Proverbs 1:1-33
Thursday	Psalm 18:25-50	Proverbs 10:1-5
Friday	Psalm 23	Romans 9:6-13
Saturday	Psalm 28-29	Isaiah 44:1-5

Ninth Sunday after Pentecost

Sunday August 6 – Saturday August 12

Morning Prayer *(Adapted from the BCP Collect 1662)*

O God, whose never failing providence orders all things both in heaven and on earth: We humbly ask you to put away from us all hurtful things, and to give us those things which are profitable for us; through Jesus Christ our Lord. Amen.

Psalm reading and response

Pray through the Psalm in the table below that corresponds to the day of the week, and spend a few moments in conversation with the Scriptures – taking to prayer the things that the Lord is highlighting to you through his word.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.

Your kingdom come, your will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses

As we forgive those who trespass against us.

Lead us not into temptation, but deliver us from evil.

For yours is the kingdom, the power and the glory, forever and ever,

Amen.

Closing Prayer

Focus on:

- Repentance for sins committed this week, known or unknown
- Trusting God in every area of your life
- Asking for boldness to proclaim the gospel in word and deed

Evening Prayer

All powerful and Ever-living God, you bestowed upon the world your abundant grace, inviting us into union with Christ, that we might live as agents of healing and wholeness. May everything we do begin with your inspiration and be completed through your saving help. Keep us from all adversity, that we may faithfully offer you right and praiseworthy service, in the unity of the Spirit. Amen.

Scripture reading and response

Pray through the verses in the table below that correspond to the day of the week, and spend a few moments reflecting on and responding to the Scriptures in prayer.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.
Your kingdom come, your will be done, on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses
As we forgive those who trespass against us.
Lead us not into temptation, but deliver us from evil.
For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Thanking God for his beautiful creation
- Identifying areas in your life that need the healing mercy of Christ
- Praying for courage for those facing persecution for Christ's name - that they would be able to stand firm in the faith

Suggested Scripture Readings:

	Morning	Evening
Sunday	Psalm 34	Matthew 14:13-21
Monday	Psalm 37:23-40	Deuteronomy 8:1-10
Tuesday	Psalm 42-43	Acts 2:37-47
Wednesday	Psalm 49	Exodus 16:1-15; 31-36
Thursday	Psalm 55	1 Kings 18:1-16
Friday	Psalm 60-61	Acts 18:24-28
Saturday	Psalm 67	1 Kings 18:41-46

Tenth Sunday after Pentecost

Sunday August 13 – Saturday August 19

Morning Prayer *(Adapted from the BCP Collect 1662)*

Grant to us your Spirit, O Lord, we humbly ask, to think and do always such things as be right; that we, who cannot do any thing that is good without you, may by you be enabled to live according to your will; through Jesus Christ our Lord. Amen.

Psalm reading and response

Pray through the Psalm in the table below that corresponds to the day of the week, and spend a few moments in conversation with the Scriptures – taking to prayer the things that the Lord is highlighting to you through his word.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.
Your kingdom come, your will be done, on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses
As we forgive those who trespass against us.
Lead us not into temptation, but deliver us from evil.
For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Thanking God for being a good Father and for your own adoption into His household
- Praying for unity in the Body of Christ in our nation
- Thanking God that His plan of salvation includes all people

Evening Prayer

Lord of heaven and earth, we rejoice in the great hope to which we have been called and in the tremendous power made available, by your Holy Spirit. We delight in your marvellous kindness, and boldly approach your throne of grace, believing that you are mindful of our needs. Grant that we might share our life and love with those who have not yet come to the knowledge of Christ, that your glory may be seen in all the earth. Amen.

Scripture reading and response

Pray through the verses in the table below that correspond to the day of the week, and spend a few moments reflecting on and responding to the Scriptures in prayer.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.
Your kingdom come, your will be done, on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses
As we forgive those who trespass against us.
Lead us not into temptation, but deliver us from evil.
For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Praising Christ for his authority over all things
- Blessing your home church
- Asking for the hope of his coming Kingdom to rise in your heart

Suggested Scripture Readings:

	Morning	Evening
Sunday	Psalm 70	Matthew 14:22-33
Monday	Psalm 74	Genesis 7:11-8:5
Tuesday	Psalm 78:40-72	Romans 9:14-29
Wednesday	Psalm 84-85	Job 36:24-37:13
Thursday	Psalm 89:19-52	Isaiah 45:20-25
Friday	Psalm 94	Acts 14:19-28
Saturday	Psalm 100-101	Isaiah 56:1-5

Eleventh Sunday after Pentecost

Sunday August 20 – Saturday August 26

Morning Prayer *(Adapted from the BCP Collect 1662)*

Let your merciful ears, O Lord, be open to the prayers of your humble servants; and that they may obtain their petitions, make them to ask such things that are pleasing to you; through Jesus Christ our Lord. Amen.

Psalm reading and response

Pray through the Psalm in the table below that corresponds to the day of the week, and spend a few moments in conversation with the Scriptures – taking to prayer the things that the Lord is highlighting to you through his word.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.
Your kingdom come, your will be done, on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses
As we forgive those who trespass against us.
Lead us not into temptation, but deliver us from evil.
For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Blessing members of your immediate family
- Receiving the righteousness of Christ
- Asking the Holy Spirit to open up the Scriptures to you, that you would understand God's word

Evening Prayer

Heavenly Father, you have lavishly poured out your mercy upon us and adopted us as sons and daughters. Grant us humility of heart, that we would receive Christ and walk in Him, that we may be rooted and built up in Him, and established in the faith. Fill our hearts with your love, that we may be imitators of God, walking in love for one another, so that we may glorify you as one body, in the name of God: Father, Spirit, Son. Amen.

Scripture reading and response

Pray through the verses in the table below that correspond to the day of the week, and spend a few moments reflecting on and responding to the Scriptures in prayer.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.

Your kingdom come, your will be done, on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses

As we forgive those who trespass against us.

Lead us not into temptation, but deliver us from evil.

For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Thanking God for his infinite mercy and compassion
- Praying that your will would bend to line up with his will
- Remembering specific times when God has powerfully been at work in your life

Suggested Scripture Readings:

	Morning	Evening
Sunday	Psalm 104:14-35	Matthew 15:21-28
Monday	Psalm 106:24-48	2 Kings 5:1-14
Tuesday	Psalm 109	Romans 11:13-29
Wednesday	Psalm 115	Isaiah 66:18-24
Thursday	Psalm 119:1-32	Ezekiel 28:11-19
Friday	Psalm 119:89-104	2 Corinthians 10:7-18
Saturday	Psalm 119:161-176	Ezekiel 36:33-38

Twelfth Sunday after Pentecost

Sunday August 27 – Saturday September 2

Morning Prayer *(Adapted from the BCP Collect 1662)*

O God, who declares your almighty power most chiefly in showing mercy and pity: Mercifully grant unto us such a measure of your grace, that we, running the way of your commandments, may obtain your gracious promises and be made partakers of your heavenly treasure; through Jesus Christ our Lord. Amen.

Psalm reading and response

Pray through the Psalm in the table below that corresponds to the day of the week, and spend a few moments in conversation with the Scriptures – taking to prayer the things that the Lord is highlighting to you through his word.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.
Your kingdom come, your will be done, on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses
As we forgive those who trespass against us.
Lead us not into temptation, but deliver us from evil.
For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Praising God for His awesome power
- Praying that Jesus would be exalted in our nation
- Asking for God's power to be revealed in your home, your family, and your friends and neighbors

Evening Prayer

God our Saviour, through your great grace, salvation has appeared to all men. Teach us to walk according to the hope of eternal life, as heirs who have been redeemed from every lawless deed. Purify us as your own special people, making us zealous for good works. Renew us by your Holy Spirit, and fill us with all goodness, righteousness and truth. To the praise and glory of the Father. Amen.

Scripture reading and response

Pray through the verses in the table below that correspond to the day of the week, and spend a few moments reflecting on and responding to the Scriptures in prayer.

The Lord's Prayer

Our Father, who is in heaven, holy is your name.
Your kingdom come, your will be done, on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses
As we forgive those who trespass against us.
Lead us not into temptation, but deliver us from evil.
For yours is the kingdom, the power and the glory, forever and ever,
Amen.

Closing Prayer

Focus on:

- Thanking God for the covenantal blessings of baptism
- Praising God for his faithfulness
- Repenting for all the ways which you have neglected your high calling as a son or daughter

Suggested Scripture Readings:

	Morning	Evening
Sunday	Psalm 129-131	Matthew 16:13-20
Monday	Psalm 137-138	1 Samuel 7:3-13
Tuesday	Psalm 143	Romans 11:33-36
Wednesday	Psalm 149-150	Isaiah 28:14-22
Thursday	Luke 1:46-55	Jeremiah 14:13-18
Friday	Psalm 1-2	2 Thessalonians 2:1-12
Saturday	Psalm 9	Jeremiah 15:10-14

Monthly Psalm Schedule

The Psalms have long been used in the prayers of the Christian Church. For those who desire to pray through each of the Psalms every month, the following table can be used as a guideline:

Day of the Month	Morning Psalms	Evening Psalms
1	1 - 5	6 - 8
2	9 - 11	12 - 14
3	15 - 17	18
4	19 - 21	22 - 23
5	24 - 26	27 - 29
6	30 - 31	32 - 34
7	35 - 36	37
8	38 - 40	41 - 43
9	44 - 46	47 - 49
10	50 - 52	53 - 55
11	56 - 58	59 - 61
12	62 - 64	65 - 67
13	68	69 - 70
14	71 - 72	73 - 74
15	75 - 77	78
16	79 - 81	82 - 85
17	86 - 88	89
18	90 - 92	93 - 94
19	95 - 97	98 - 101
20	102 - 103	104
21	105	106
22	107	108 - 109
23	110 - 113	114 - 115
24	116 - 118	119:1 - 32
25	119:33 - 72	119:73 - 104
26	119:105 - 144	119:145 - 176
27	120 - 125	126 - 131
28	132 - 135	136 - 138
29	139 - 141	142 - 143
30	144 - 146	147 - 150

