

About MCC

Mennonite Central Committee (MCC), a worldwide ministry of Anabaptist churches, shares God's love and compassion for all in the name of Christ by responding to basic human needs and working for peace and justice. MCC envisions communities worldwide in right relationship with God,



MCC is a global, non-profit organization that strives to share God's love and compassion through relief, development and peacebuilding.

In all our programs we are committed to relationships with our local partners and churches -- their needs guide our priorities.

Through local programs, MCC British Columbia (MCC BC) works to meet needs here at home. We also support MCC's work in 65 countries around the world by raising funds, mobilizing materials, and providing international workers.

Here's what women have said after attending the group:

"This group helped me to understand that I wasn't crazy, just abused."

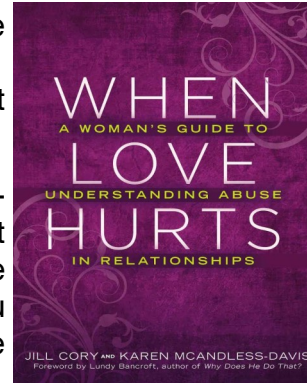
"In this group, you realize that you are not alone. A warm and safe environment helps you to open up and share your journey of hurts."

"The group helps us to understand abuse, pampers us, and gives us confidence to be the women we're meant to be."

"Being in this group has literally saved my life ~ physically and spiritually."

"I was free to go to the depth of pain and grief because it was safe, and there was care provided."

"I appreciated the opportunity to be part of this group and highly recommend it to others. It was safe, comfortable and faith-full."



*Relief, development and peace
in the name of Christ*



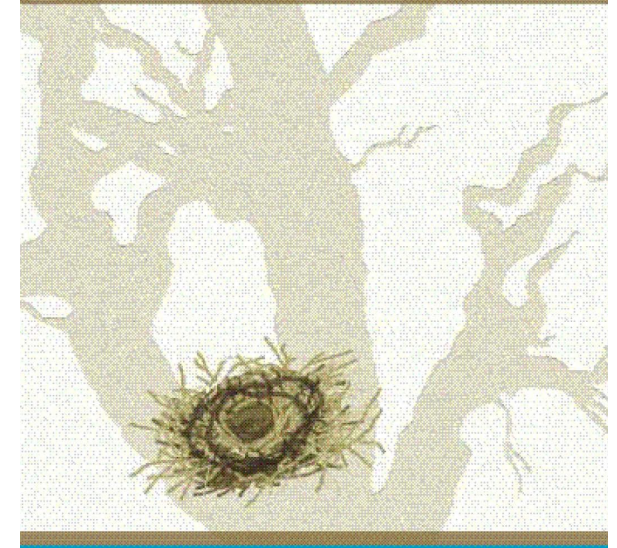
Mennonite Central Committee BC
201-33933 Gladys Avenue
Abbotsford, BC V2S 2E8
Phone: 604-850-6639
Website: www.mccbc.ca



**Mennonite
Central
Committee**
British Columbia

End Abuse

Our churches and homes shouldn't be places that hurt



For additional information contact:

**Elsie Goerzen, End Abuse Program
Coordinator**

Email: elsiegoerzen@mccbc.ca

Phone: 604-845-0841

National Website: www.mccbc.ca

Website: abuseresponseandprevention.ca

End Abuse:

MCC BC's End Abuse Program aims to reduce cases of abuse in our communities through workshops, support groups, and training.

The MCC BC End Abuse Program supports families impacted by abuse in relationships in the following ways:

- ◆ Individual and group support for women experiencing abuse in their intimate relationship.
- ◆ Support and accountability groups for men who want to learn healthier ways of being in relationship.
- ◆ Training for professionals and support group facilitators.
- ◆ Education and raising awareness of issues of abuse in churches.
- ◆ Pastoral training on dynamics of abuse in the home and the church.
- ◆ Liaison with community groups.



For more information about groups, contact:

Esie Goerzen,
End Abuse Program
Coordinator

Email: endabuse@mccbc.ca

Home Improvement: Men in Relationship

MCC BC and WINGS Fellowship Ministries are pleased to offer a program of support for men who wish to learn healthier ways of being in relationship.

Core Beliefs and Values

Safety for women, men and children
Compassion and respect for all
Equality of value, deservedness,
Capacity, and worth
Relationship centered group
Belief that Change is Possible



Support and Accountability

Home Improvement peer group meets 2.5 hours weekly for 15-20 weeks. Small weekly fee.

Eligibility

Men who want healthy relationships, take responsibility for their behavior, desire change, are willing to work toward change, and who believe that change is possible.



When Love Hurts: Women's Support Group

When Love Hurts

is a support group for women who have experienced abuse in intimate relationships.

Love is meant to be supportive.

But what happens when you are hurt by the one you love?

This support group will help you understand your relationship in valuable new ways.

Drawing on your own wisdom and the wisdom of many women who share your experience,

When Love Hurts

will help you find the answers you've been looking for in a safe, confidential environment.

When Love Hurts

explores many difficult questions such as:

What's wrong with my relationship?

Why does my partner hurt me?

Is there something wrong with me?

Why do I stay in the relationship?

What about my children?

When Love Hurts

will help you discover courage and wisdom within yourself and give you hope for a brighter future.