

## Wednesday Prayer Office, Ordinary Time

### Opening image with silence (optional)

this image relates to a morning scripture  
and may be referred to during our time of reflection.

### Bell x3

Love and faithfulness meet together;  
righteousness and peace kiss each other.  
Faithfulness springs forth from the earth,  
and righteousness looks down from heaven.  
The LORD will indeed give what is good,  
and our land will yield its harvest. (Psalm 85: 8-12)

*Let us bring awareness this morning to the goodness and joy in our lives. Let us give thanks for that goodness and joy that is just as real as our struggles and indeed gives us strength.*

**A time of thanksgiving, spoken aloud or in silence.**

### Bell x1

*Children of the Living God,  
What is our God's greatest desire  
For ourselves this day?*

**That we should dwell in the love of our eternal King  
With all our hearts,  
With all our souls,  
With all our minds,  
With all our strength.**

*And how shall we show this love indwelling?*

By cultivating thankfulness for God's many blessings;  
**and trusting God's provision for the meeting of our needs even  
as we entrust God with our labour, worries, stresses and fears.**

By learning to love all whose lives intersect with our own;  
**to find joy in them and they in us. To be instruments of peace  
and refreshment.**

By taking time to attune to the life that is larger than ours; **to commune with creation through which God is revealed.**

By delighting in the moment and letting go of what was, and what is to come; **knowing that all is held in the fullness of the Alpha and the Omega.**

*O children of the Living God, casting our cares  
Upon God's strong shoulders,  
Let us now surrender our own expectations for this day,  
And ask to be led by the working of the Spirit.*  
**Open our eyes and our hearts, O Lord, to your words and truth.**

**Psalm** read aloud or chanted.

**Gospel reading** (with Allelujah sung before and after)

**Silence** (*A bell will begin and end the silence*)

**Sharing of reflections**

**Prayer**

- For those near to us in relationship: family, friends and church.
- For our city, our country and the world
- For creation-for all of life that belongs to our mother Earth.

**May we trust in the work of our Christ for the redemption and restoration of ourselves and all of creation. O Lord, hear our prayers in Jesus' name.**

*Let us pray as our Lord Jesus taught us: **The Lord's Prayer.***

*Now we having received in our hearts the light of life that shines and  
and so loves the world, may we walk in the light of Christ who brings  
hope to all. **Amen.***

**Bell** x3