



5-N.O.B. (NOT. OVERLY. BRILLIANT)

1 Samuel 21

1. What insight, principle or observation from this week's message did you find to be most helpful, eye opening or troubling? Please explain.
2. Have you seen people make really bad decisions when lonely and afraid? What were they?
3. Why do you think it is always easier to see others make poor decisions when lonely or fearful and yet we can't see it so well in ourselves when in those moments?
4. Read 1 Samuel 21. What moments could have been wake up calls for David to not keep doing what he was doing?
5. Alvin mentioned lying to oneself or others and going against our own advice as wake up calls to our N.O.B. moments. How could these have helped you as you look at your own N.O.B. moments?
6. In what ways, right now, are you feeling lonely and fearful? Are you lying to yourself or going against your own good advice? How can this group encourage you, pray for you, and hold you accountable to stick to your own advice and speak truth?
7. Read Psalm 34:1-8. This Psalm is thought to have been written after David escapes Gath. How does this Psalm encourage you as you think of being in a tough place (maybe even because of your own doing)?
8. Pray for each other.